

ANGELS ON CALL

Getting Some Outside Help



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Angels on Call: *Getting some outside Help*

By Wendy Landry

Angels are a thought form of Source or God. They are pure energy and love. The word angel means “messenger” and they are indeed dedicated couriers between the physical and spiritual worlds. We are also a creation of God-essence. However, angels vibrate at a higher frequency than we do and they will never incarnate to live out an earthly experience. Nevertheless, they have been a part of humanity’s spiritual fabric since the beginning of time. Angels are non-denominational and are on call to anyone who asks for their help. Angelic realm has its hierarchy that is assigned to oversee a variety of duties. For our purposes, we will focus on the angels that work more closely supporting life on earth. These angels include Archangels, Guardian Angels and other angels with no specific titles. Archangels supervise the angels that tend to flock to earth. Guardian Angels are assigned to each human being from the start to finish of their human adventure. Each person has a Guardian Angels to encourage them with their life plan and to guide them when they are faced with life’s challenges. We are perfect, loving, spiritual beings in a human body. We chose to come to earth and experience ourselves in an expediential way. Life on earth with its duality allows us to realize what true light is because of the presence of darkness. We get caught up in human emotions and frailties and

we forget our divine nature and our life's plan. It is only through going inward and seeking wisdom and direction that we succeed in keeping things in perspective and waking up to our authentic selves. The lower, denser energies of our earthly existence as well as our egos are constantly preaching separation and fear, making it challenging to accept our own power and our connection to the divine and to one another. This is where the angels can step in and provide outside support so that we don't give up or lose sight of our earthly mission. Angels are not constricted by space or time and can be in more than one place at a time. However there is one catch to this celestial assistance –you have to call upon them. Nothing fancy, but you have to ask for help before they will step in. Angels do not interfere with free will. The only time they will act before being officially asked, is when a deadly accident is about to occur and it is not our time to exit the earth. Once we do ask for help, it is up to us to be open, attentive and observant to what follows and act upon it. These spiritual helpers will not prevent life's challenges from coming your way because these obstacles are fuel for your spiritual growth. They will however, bring gifts of joy, harmony, love, peace and synchronicity for the journey if we choose to team up and keep company with them.

Angels want to help us with anything that will bring us peace because our peace has a ripple effect with those around us. They

want us to realize that we don't have to suffer in order to foster spiritual growth. They want to help us understand our life script and offer us wisdom, inspiration and comfort to best serve our purpose. Angels love us unconditionally and view us as our perfect, divine selves no matter what choices we make along the way. They want to remind us that our true nature is love. They want to assist us to discover our talents and passions for the betterment of the world, to be loving and kind and to help keep us out of harm's way. Angels can guide our relationships, health, career, and finances. No request is too small or mundane. Specific Archangels are often called in based on their specialties.

Archangel	Area of Expertise
Ariel	Environment, Animals
Azarel	Escorts people to the other side
Chamuel	Relationships, New job, Lost Items
Gabriel	Arts & Communication, Children
Haniel	Grace, Peace, Serenity, Harmony
Jeremiel	Spirituality, Divine Mission
Metatron	Children's spiritual/Earthly Paths
Michael	Courage to change, Safety, Mechanical or Electrical Problems, Protector
Raguel	Justice and Fairness
Raphael	Physical healing, Safe Travel
Raziel	Universal Secrets and Mysteries,

	Manifestation
Sandalphon	Music, Prayer
Uriel	Enlighten about a situation
Zadkiel	Memory

Angels are continually around us and even more so depending about our activities or surroundings. Gardening or walking in nature is a good way to commune with the earth angels. Loving and caring contact with children and animals attracts an angelic presence. Colours in stained glass, crystals, oils, fragrances, flowers, beautiful objects, music (chants, human voice, instruments, singing bowls etc.), candle light, literature, art, architecture or just people having fun and laughing are other sources that bring angelic light closer.

How do we know they are near? Angels will use a variety of ways to get your attention. Perhaps you see a flash of white light or colour out of the corner of your eye. They may instill a loving or creative thought in your mind. A synchronistic event occurs to assist you with the problem that you asked for help with. Perhaps you feel a sense of warmth, peace or love or you hear sweet music or smell a heavenly perfume after calling in angelic assistance.

It is never trivial to ask them for a sign of their presence. You may discover such things as an isolated feather or a coin in an

unusual place or a bird or butterfly that seems to be wanting your attention. You may feel as if someone is touching your head or hair or there is a light or electrical object that unexpectedly turns on or off. They never tire of showing signs, the trick is to be attentive to their response and not allow your brain to discredit it.

You have asked the angels for help with a problem. How can you be more receptive to their response? Angels vibrate at a higher frequency than we do so they have to adjust that frequency in order to make themselves known in our realm. The more we work at raising our own level of vibration, the less dense we become and more sensitive to the higher and finer frequencies of the angelic realm. We also become more intuitive, creative and naturally energized. Nourishing our body, mind and spirit is the way to go. Eating healthy, moving our bodies, stimulating our brains with uplifting material and feeding our souls with the food of joy, peace and harmony are ways to raise our vibrational level. Start each day with a positive intention – ex. this day will be filled with love, joy, harmony and abundance.

- At night give thanks and state what you are grateful for and forgive yourself and others.
- Journaling any worries or fears if you need to help settle the mind.

- Meditating or quietly sitting in a special area complete with candles, crystals, incense, music and special pictures is another way to raise your vibration, and connect with your inner peace and power. It is essential to find some quiet time during the day to be with you, to shut down the brain and go inward.
- Try to avoid too much news on TV. Remember, the best way you can help others is finding that peace within yourself.
- De-clutter. The more material possessions that you have, the more worries and responsibilities you have to weigh you down. Get rid of old energy by cleaning, painting or giving away items that no longer reflect who you are.

So now that you are doing your part by working on raising your frequency level and calling on the angels, how can you be sure you are receiving angelic guidance. Angels and their guidance can be felt, seen, heard in a variety of creative ways.

Feeling

- Tingling sensation.
- Light touch on the shoulder or ruffling of the hair.
- Air pressure or temperature changes in the room.
- A deep knowing that it is real.
- A warm, safe, peaceful feeling washes over you.

Seeing

- Vivid dreams.
- Sparkles or flashes of light or coloured mist.
- Orbs in pictures.
- Angel shaped clouds.
- Number sequences or combinations repeatedly seen on clock or licence plate etc. (Reference Angel Numbers by Doreen Virtue for more details).
- Leave visual indent in couch.
- Coins, feathers, a stopped clock, moved objects in the house.
- Birds, butterflies, moths, flowers showing up in a noticeable way to get your attention.
- Having a vision.

Hearing

- Hearing your name when you are just waking up.
- High pitched ringing in the ears (information being downloaded).
- Sweet music, wind chimes.
- An relevant, overheard conversation, a song that repeats on the radio or a song with your name in it.
- Hearing spoken words of divine love, with a mission to overcome fear, that may be loud, formal and direct. Our higher self would sound more like our own voice. While the

ego's voice tends to use "I" a lot and is more abrasive, discouraging and paranoid.

Guidance is best received when the mind is receptive at such times as dream time, during meditation, exercise, when the mind is awakening or watching a movie or TV. The guidance comes easy and with love. False guidance involves struggle and worry. Angels will not tell you anything that you cannot handle.

Thoughts

- Ideas that are repetitive, consistent and energizing.
- Positive and empowering.
- Give you one step at a time – have to do something before next step is given.
- It makes sense.
- Thought is relevant to your immediate need.
- Loving, positive and to the point.
- Message is always loving and dealing with self-improvement or helping others.

As you become more willing to listen, believe and trust the angelic input that you are receiving, your spiritual senses increase. Relax don't force things and never do anything out of fear. All communication with the angelic realm should be warm, safe, loving and comfortable.

Angel assistance is limitless. Call upon them to protect you from the negativity at your workplace or while you travel or to raise your overall vibration when you are feeling low. Ask them to stand guard over your property or your children. Ask for their assistance in finding lost items, overcoming addictions and cravings, or the strength to forgive or overcome grief. Once the request is made be open to guidance. You will be led to perfect books, classes, support groups or professional people that will have what you need.

We are all in the process of discovering that we are all spiritual beings connected to everything and everyone and to Source or God itself. Energy shifts are occurring, a cleansing of the earth and a shakeup of the education, government, legal and telecommunication, and monetary systems are occurring. More and more people are operating at a higher consciousness and no longer settling or accepting the old ways. It is all good and it is all part of a divine plan but we need each other and our spiritual helpers to assist us to more joyfully and harmoniously navigate the roads ahead. So please call on the angels each day to be at your side so that you can strive to live life to the fullest, filled with love and compassion and unhampered by the fear of going it alone.

Before leaving this topic completely, I want to leave you with examples of how I ask Archangel Michael to intervene on my behalf. Remember he is the warrior and protector. He is often depicted with a sword and shield. He is wonderful at clearing any emotionally toxic space or your own body at the end of an emotionally charged day. Ask him to cleanse your space of any negativity. Picture him holding a vacuum hose and mentally direct him to suck up the toxins within your body from head to toe. Once it is completed, picture him reversing the hose so that it emits white, paste like substance that fills your body from toe to head with purity, lightness and energy. Even if you cannot visualize the exercise, notice how your feelings are elevated. A similar exercise involves cutting etheric cords that tend to build up between you and people's emotions and problems that you take on. These cords tend to drain you and weigh you down. You are not someone else's source of energy or happiness. Ask Archangel Michael to cut these cords with his sword so that you are free from unhealthy attachments. The loving part of the relationship remains. Do this every time you tend to feel lethargic, sad or tired. You can request Archangel Michael to do this with anyone.

May the angels of the highest light be continually around you, comforting you, strengthening you, supporting you and reminding you of the powerful, perfect and divine being that you are and

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that you are loved unconditionally. So dare to get out there and fearlessly experience life – you are not alone.

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